



**Fargo Cass Public Health**  
**Health Protection and Promotion**  
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September 2021

Dear School Administrator,

Tobacco Free North Dakota (TFND) and Fargo Cass Public Health (CDPH) are pleased to announce that we will be hosting the 2021 Break Free Youth Action Summit (YAS) on Tuesday October 5, 2021 from 8:30am – 2:30pm at the Avalon Event Center, 2525 9th Ave S, Fargo, ND. This annual event provides a unique opportunity for youth advocates to demonstrate their passion and commitment in helping create the next tobacco free generation.

In the morning, youth and their adult advisors will be engaged in presentations and hands on activities, learning from national speaker Kim Homer-Vagadori. Kim comes to us from the California Youth Advocacy Network. Kim will work with students to teach them about how the tobacco industry uses flavors to hook kids, flavored tobacco policy, and how youth can become successful youth advocates to make change in their communities.

Following lunch, participants will have an opportunity to put what they learned into action and conduct a group advocacy activity which they can later implement in their schools and communities to educate their peers and community/ state leaders.

Lunch and breakfast will be provided to all summit participants. Your child(ren)'s local youth coalition, school, or agency is responsible for arranging transportation to and from the summit. Please note, portions of the event may be photographed or video recorded by Tobacco Free North Dakota and Public Health staff or photographer in order to capture the event in action. A media release form will be provided for each students' parent/guardian to review and sign.

For more information, please visit our website at [www.breathend.com/youth-action-summit/](http://www.breathend.com/youth-action-summit/). If you have additional questions or concerns about the Break Free Youth Action Summit, please don't hesitate to contact me at [MMarkegard@FargoND.gov](mailto:MMarkegard@FargoND.gov) or 701.476.4083.

Sincerely,

Melissa Markegard  
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Fargo Cass Public Health  
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