



**Fargo Cass
Public Health**
Prevent. Promote. Protect.

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September 2024

Dear Parent/Guardian,

Tobacco Free North Dakota (TFND) and Fargo Cass Public Health (FCPH) are pleased to announce that we will be hosting the 2024 Break Free Youth Action Summit (YAS) on Wednesday, October 9, 2024 from 8:30 a.m. – 2:30 p.m. at the Avalon Event Center, 2525 9th Ave S, Fargo, ND. This annual event provides a unique opportunity for youth advocates to demonstrate their passion and commitment in helping create the next tobacco-free generation.

The Fargo Break Free Youth Action Summit is a one-day event with about 150 youth and adult coordinators from across North Dakota coming together to learn about tobacco prevention policy and beneficial tips/strategies that make a successful youth advocate. This year, students and adults will spend the morning learning about tobacco-related laws that impact our state and the legislative process. In the afternoon, National Organization, Campaign for Tobacco Free Kids will hold a workshop with students teaching them how to advocate for policies that can improve and protect youth health. Participants will have the opportunity to engage in fun interactive activities that they can later repeat at their schools and in their local communities.

Breakfast and lunch will be provided to all summit participants. Your child(ren)'s local youth coalition, school, or agency is responsible for arranging transportation to and from the summit. Please note, portions of the event may be photographed or video recorded by Tobacco Free North Dakota and Public Health staff or photographer in order to capture the event in action. A media release form is provided for you to review and sign. If you do not wish for your child to be photographed at the event, please do not sign the form and let your child's coordinator know.

For more information, please visit our website at www.breathend.com/youth-action-summit/. If you have additional questions or concerns about the Break Free Youth Action Summit, please don't hesitate to contact me at DOdera@FargoND.gov or 701.241.8195.

Sincerely,

Doreen Odera
Community Health Educator
Fargo Cass Public Health