



**Public Health**  
Prevent. Promote. Protect.  
Bismarck-Burleigh Public Health

September 6, 2023

Dear School Administrator,

Tobacco Free North Dakota (TFND) and Bismarck Burleigh Public Health (BBPH) are pleased to announce that we will be hosting the Fall 2023 Break Free Youth Action Summit (YAS) on Monday October 9th, 2023, from 8:30am – 2:30pm at the Dream Center, 1805 Park Ave., Bismarck, ND. This annual event provides a unique opportunity for youth advocates to demonstrate their passion and commitment in helping create the next tobacco free generation.

This year national speaker, Dr. Halpern-Felsher, Director of Research with Stanford University is the founder and director of the Tobacco Prevention Toolkit, an online curriculum aimed at reducing and preventing youth tobacco use. Youth and adults will learn about the impact of tobacco: Mental, Physical, Environmental and Social. Youth will learn skills that will help them educate their peers and strengthen the way they have conversations in their schools. In the afternoon, National Organization Truth Initiative will hold a workshop with students teaching them how to approach peers about quitting vaping and how they can offer support. Youth will learn skills that will strengthen the way they have conversations in their schools. Throughout the day, students will do hands-on activities that can later be repeated in their schools and communities.

Lunch and breakfast will be provided to all summit participants. Your child(ren)'s local youth coalition, school, or agency is responsible for arranging transportation to and from the summit. Please note, portions of the event may be photographed, or video recorded by Tobacco Free North Dakota and Public Health staff or photographer to capture the event in action. A model release form will be provided for each students' parent/guardian to review and sign.

For more information, please visit our website at [www.breathend.com/youth-action-summit/](http://www.breathend.com/youth-action-summit/). If you have additional questions or concerns about the Break Free Youth Action Summit, please don't hesitate to contact me at [skahler@bismarcknd.gov](mailto:skahler@bismarcknd.gov) or 701.355.1597.

Sincerely,

A handwritten signature in black ink that reads 'Sue Kahler'.

Sue Kahler

SAP Coordinator

Bismarck Tobacco Prevention & Control Department

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