



**Fargo Cass  
Public Health**  
Prevent. Promote. Protect.

**FARGO CASS PUBLIC HEALTH**  
HEALTH PROTECTION & PROMOTION  
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Dear Parent/Guardian,

Tobacco Free North Dakota (TFND) and Fargo Cass Public Health (FCPH) are pleased to announce that we will be hosting the 2022 Break Free Youth Action Summit (YAS) on Tuesday, October 10, 2023 from 8:30 a.m. – 2:30 p.m. at the Avalon Event Center, 2525 9th Ave S, Fargo, ND. This annual event provides a unique opportunity for youth advocates to demonstrate their passion and commitment in helping create the next tobacco-free generation.

The Break Free Youth Action Summit is a one-day event with about 150 youth and adult coordinators from across North Dakota coming together to learn about tobacco prevention policy and how to be successful youth advocates in their state and local community. Dr. Halpern-Felsher, developmental psychologist and Director of Research with Stanford University will be joining the event in-person to share her knowledge and experience with attendees. Dr. Halpern-Felsher is the founder and director of the Tobacco Prevention Toolkit, an online curriculum aimed at reducing and preventing youth tobacco use. Youth and adults will also have an opportunity to learn about the risks of e-cigarettes and vaping, and how the waste from these products is impacting the environment. Facilitators from Truth Initiative will teach youth skills that will help them educate their peers and strengthen the way they have conversations in their schools.

Lunch and breakfast will be provided to all summit participants. Your child(ren)'s local youth coalition, school, or agency is responsible for arranging transportation to and from the summit. Please note, portions of the event may be photographed or video recorded by Tobacco Free North Dakota and Public Health staff or photographer in order to capture the event in action. A media release form is provided for you to review and sign. If you do not wish for your child to be photographed at the event, please do not sign the form and let your child's coordinator know.

For more information, please visit our website at [www.breathend.com/youth-actionsummit/](http://www.breathend.com/youth-actionsummit/). If you have additional questions or concerns about the Break Free Youth Action Summit, please don't hesitate to contact me at [LANenson@FargoND.gov](mailto:LANenson@FargoND.gov) or 701.241.8575.

Sincerely,

Larry Anenson  
Director of Health Protection and Promotion  
Fargo Cass Public Health