

Tuesday, May 14th, 2019

8:00 a.m. – 9:00 a.m.

Grand Forks Public Health Conference Room 2

Members Present: Haley Thorson(GFPH), Kailee Dvorak(GFPH), Sarah Odegard(GFPH), Michelle Earl(Altru), Betty Housey(VCHC), Sonia Doulamis(UND), Rich Erdman(GFAFB), Bethany Satrom(Polk County Public Health), Debbie Swanson(GFPH), Theresa Knox(GFPH), and Keith Westerfield(GFPH).

Meeting Agenda:

1. Welcome/Introductions
2. Electronic Nicotine Delivery Systems (ENDS) Summit Recap
3. Member Sharing

I. Welcome and Introductions

Haley welcomed everyone and introductions were done.

II. ENDS Summit Recap

Kailee, Sarah, and Haley from GFPH; Michelle and Nicole from Altru; and Betty from VCHC, attended the inaugural ENDS Summit held in Bismarck. NDDoH worked with local, state and national partners to put this great program together that featured national-level speakers. This summit was also a springboard to strategic planning for how much of a problem ENDS have become and what can be done about them.

Haley showed her presentation “So What’s the Buzz?” on vaping. ENDS include: e-cigs, vapes/pens, mods, e-hooka, and Juul; designed to deliver nicotine (or other substances) to a user in the form of an aerosol or vapor. These do not contain just “harmless water vapor.” One Juul pod can contain as much nicotine as one whole pack of traditional cigarettes, and 63% of users were not aware it even contained nicotine. It was also noted at the summit that Juul is tracking and has the potential for collecting data on users by way of its product.

ENDS contain fine and ultra-fine particles; and now they are finding even nano particles that go deeper into the lungs than traditional tobacco products ever did. Traditional tobacco use among youths in grades 9-12 was down from 2001-17; however, use of ENDS greatly increased. There were 1.5 million more students nationally using ENDS in 2018 vs 2017—a 78% increase! In 2017, GF high school use was at almost 26% compared to state-wide rate of 20%. It was reported that 80%-90% of first-time users among youths tried it because of the flavoring. For more information, visit <https://www.flavorhookkids.org/>.

Support tobacco-free kids policies; such as comprehensive tobacco free school policies (that include electronic products), Tobacco21, increase price of tobacco products (by way of tax, which reduce number of youth users), and licensing of retailers.

III. Member Sharing

Bethany – Polk County passed a Tobacco-Free comprehensive policy, so no smoking allowed on city property, except in personal vehicles.

Michelle – Altru is updating their procedures on all patients admitted to the hospital, to ask if they use nicotine products (to include e-cigs).

Sonia – They are making staff and faculty aware that the Juul products could be used in class, since it looks like a computer USB drive.

Rich – Younger airman seemed to be confused what the base's tobacco policy is (using during duty hours), so re-educating them (to include ENDS).

Deb – Duluth, MN just passed Tobacco21!

IV. Next Meeting—6/11/19

V. Upcoming Events:

Nicotine Dependence Conference / Tobacco and Nicotine: A Continuum of Risk	5/20-5/21	Mayo Clinic, MN
World 'No Tobacco Day'	5/31	World-wide
National Conference on Tobacco or Health	8/27-8/29	Minneapolis, MN

The Grand Forks Tobacco Free Coalition is a group of citizens working together to create and promote a healthier, tobacco-free community through education, legislation, and enforcement of policies.