

**Tuesday, November 12, 2019**

**8:00 a.m. – 9:00 a.m.**

**Grand Forks Public Health Conference Room 2**

**Members Present:** Haley Thorson(GFPH), Kailee Dvorak(GFPH), Sonia Doulamis(UND), Richard Erdman (GF Air Force Base), Theresa Knox (GFPH) and Angie Bahl (Spectra Health.)

**I. Welcome and Introductions**

Haley welcomed everyone and introductions were made.

**II. Vaping Related Illness Update**

The North Dakota Department of Health's Vaping Dashboard ([www.ndhealth.gov/vaping](http://www.ndhealth.gov/vaping)) was reviewed as well as the most recent information from CDC regarding lung samples and the presence of Vitamin E Acetate as a chemical of concern but evidence is not yet sufficient to rule out contribution of other chemicals of concern. It was noted that a recent article highlighted information that JUUL may have been aware of pod contamination before they were distributed.

**III. Vaping Outreach**

GF Public Health collaborated with GF Public Schools on vaping-related mass-messaging around the Halloween timeframe to families within the district. A Vaping Resource list was shared with the group and is attached to the minutes. GFPH will also be providing presentations to parents and students at Manvel Public School on November 21. UND Health and Wellness also hosted a group of clinical nursing students this semester that conducted awareness surveys on campus related to ENDS use. A follow-up group will be implementing some programming to address the results next semester.

**IV. Preliminary Youth Risk Behavior Survey Results**

Reviewed the Tobacco Use section for the 2019 ND YRBS.

<https://www.nd.gov/dpi/districtschools/safety-health/youth-risk-behavior-survey>

Discussion ensued on the data related to the use of cigarettes and ENDS products and the trends from year to year. It was highlighted that most data sets indicated an increase in use of ENDS, particularly among those who reported using them on a daily basis. The survey instrument included the word "JUUL" for the first time in 2019. Some of these preliminary results were shared with legislators at the Interim Tax Committee Hearing last month and GFPH will be sharing some result with the GF Board of Health this coming Thursday (11/14.) Another article was noted related to JUUL's knowledge of the youth use epidemic in its early stages.

**V. State-wide Advocacy Priorities Update**

An Advocacy workgroup has been formed to prioritize advocacy efforts in the state. They have identified the following priorities to focus on between now and the next legislative session: increasing the price of tobacco products (including e-cigs), maintaining protections of the smoke-free law and protecting the

comprehensive state-wide program. The ND Tobacco Prevention and Control State Plan is currently being revised to reflect the current landscape surrounding ENDS.

## **VI. Member sharing**

Angie( Spectra)- reported a high demand for cessation treatment even with the addition of 2 CTTS for a total of 4 for their agency. She highlighted the importance of driving down to the language of the user when it comes to electronic products. Especially since youth do not identify with specific terms.

Rich(GFAFB)- reported ENDS use has surpassed traditional tobacco product use on base. He feels the Commander and providers will be interested in how to address this data. The GFAFB does have a good tobacco-free policy in place as well as cessation resources. Discussion ensued on how to best promote available resources. Haley will reach out to the DoH to assess if other AFBs have worked with the DoH to increase access.

Sonja (UND)- reported meetings with UND Athletics (including athletes) regarding tobacco and other drug use. She provided information on chemicals and how it affects athletic performance. She also mentioned she is the chapter advisor for a Greek Life organization that is returning to campus and will be incorporating tobacco/ENDS use into the values discussion.

## **VII. Next Meeting 12.10.2019**

### **Upcoming Events**

**Recovery Reinvented – Bismarck (11/12) [www.recoveryreinvented.com](http://www.recoveryreinvented.com)**

**Great American Smokeout – (11/21) [www.cancer.org](http://www.cancer.org)**

**RESCHEDULED! Tobacco Prevention and Cessation Conference – Grand Forks (12/16)**

## GF Public Health Vaping Resource Links

### Centers for Disease Control and Prevention

E-Cigarettes: Talk to Youth About the Risks

[https://www.cdc.gov/tobacco/features/back-to-school/e-cigarettes-talk-to-youth-about-risks/index.html?s\\_cid=OSH\\_misc\\_M142](https://www.cdc.gov/tobacco/features/back-to-school/e-cigarettes-talk-to-youth-about-risks/index.html?s_cid=OSH_misc_M142)

E-Cigarettes and Youth: What Educators and Coaches Need to Know

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/pdfs/OSH-E-Cigarettes-and-Youth-What-Educators-and-Coaches-Need-to-Know-20190327-508.pdf?s\\_cid=osh-stu-feature-b2s-2019-002](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/OSH-E-Cigarettes-and-Youth-What-Educators-and-Coaches-Need-to-Know-20190327-508.pdf?s_cid=osh-stu-feature-b2s-2019-002)

E-cigarettes Shaped Like USB Flash Drives: Info for Parents, Educators and Healthcare Providers

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/factsheet/index.html?s\\_cid=OSH\\_misc\\_M147](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/factsheet/index.html?s_cid=OSH_misc_M147)

Outbreak of Lung Disease Associated with E-Cigarette Use, or Vaping

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/severe-lung-disease.html](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html)

### Food and Drug Administration

Vaporizers, E-Cigarettes, and other Electronic Nicotine Delivery Systems (ENDS)

<https://www.fda.gov/tobacco-products/products-ingredients-components/vaporizers-e-cigarettes-and-other-electronic-nicotine-delivery-systems-ends>

The Real Cost: Anti-Vaping Campaign for Youth

<https://therealcost.betobaccofree.hhs.gov/?g=t>

Lung Illnesses Associated with Use of Vaping Devices

<https://www.fda.gov/news-events/public-health-focus/lung-illnesses-associated-use-vaping-products>

### Office of the U.S. Surgeon General

Know the Risks: E-Cigarettes and Young People

<https://e-cigarettes.surgeongeneral.gov/>

Surgeon General's Report on E-Cigarette Use Among Youth and Young Adults

[https://e-cigarettes.surgeongeneral.gov/documents/2016\\_SGR\\_Fact\\_Sheet\\_508.pdf](https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf)

Know the Risks Parent Tip Sheet

[https://e-cigarettes.surgeongeneral.gov/documents/SGR\\_ECig\\_ParentTipSheet\\_508.pdf](https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf)

### Truth Initiative

Emerging Tobacco Products

<https://truthinitiative.org/research-resources/topic/emerging-tobacco-products>

### Youth Action Network

Emerging Tobacco Products Infographic

[https://static1.squarespace.com/static/5914b24d1b631bf77cd25ed5/t/5d51a40ddb4dc0001406e10/1565631508091/generation\\_final.pdf](https://static1.squarespace.com/static/5914b24d1b631bf77cd25ed5/t/5d51a40ddb4dc0001406e10/1565631508091/generation_final.pdf)

### Campaign for Tobacco-Free Kids

Electronic Cigarettes: An overview of Key Issues

<https://www.tobaccofreekids.org/assets/factsheets/0379.pdf>

Taking Down Tobacco

<https://www.takingdowntobacco.org/>

### My Life. My Quit

<https://mylifemyquit.com/>

### NDQuits

<https://ndquits.health.nd.gov/>

### Stealth Vaping Accessories to Watch For

Vapewear

<https://vapewear.com/>



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