

Minutes



The Grand Forks Tobacco Free Coalition is a group of citizens working together to create and promote a healthier, tobacco-free community through education, legislation, and enforcement of policies.

Tuesday, March 13th, 2018
8:00 a.m. – 9:00 a.m.
Grand Forks Public Health Department

Members Present: Haley Thorson, Kailee Dvorak, Sarah Odegard, Theresa Knox, Betty Otteson, Haley Bruhn (GFPHD), Bethany Satrom, Jodi Ramberg (UND Wellness and Health Promotion), Robin Landwehr (VCHC), Gail Halverson (VCHC) and Keith Westerfield. Others in attendance: Sarah Shimek (GFPS); Emily Makaruk, Emma Sandy, and Julissa McGarvey (UND Students)

I. Welcome and Introductions

Haley Thorson opened the meeting. Sarah Shimek was welcomed. Introductions were done.

II. Youth Risk Behavior Survey (YRBS) – Presentation by Sarah Shimek, Character Education and Prevention Coordinator, Grand Forks Public Schools

Sarah presented the YRBS that was developed in 1990 by the CDC to monitor health risk behaviors among youth that include: tobacco use, unhealthy dietary behaviors, physical inactivity, alcohol and drug use, sexual behavior, and violence/injury. This self-recorded survey was conducted in the spring of 2017 to include middle school (grades 6th - 8th), and high school (grades 9th -12th) in Grand Forks Public Schools. Middle schools students were asked 57 questions, and high school students were asked 98 questions. Data from the surveys was then analyzed by Winkelman Consulting, and the results were compared to other schools in the Grand Forks region, and state.

You can view the questionnaire and results on YRBS at: www.nd.gov/dpi/SchoolStaff/SafeHealthy/YRBS/

Some interesting tobacco-related results:

Middle school students, 92% have never tried smoking tobacco, however those that ever used electronic vapor product (e-cigs, vaping pens, etc.) went from less 4% in 6th grade and shot up to over 18% in 8th grade (also a huge jump in alcohol). The rates are higher in high school; 30% of 9th graders, up to 63% of 12th graders that have tried vaping (10% of 12th graders were introduced to tobacco before age of 13 years).

National data will not be available until this summer.

For further questions, contact Sarah at sshimek180@mygfschools.org, or contact at 701-746-2205, ext. 7149.

II. Member Sharing

III. Next Meeting – April 10th, 2018

IV. Upcoming Events/Observances

- Tobacco Site Coordinators Meeting, April 25-26th, 2018 in Bismarck
- Clearing the Air – Institute for Policy Advocacy, May 1-3, 2018 in Branson, MO
- World 'No-Tobacco Day', May 31, 2018

