



BISMARCK TOBACCO FREE COALITION

A regular newsletter brought to you by Bismarck-Burleigh Public Health Unit

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“Great American Smoke Out”

Every year, on the third Thursday of November marks the annual Great American Smokeout. While the event is aimed at encouraging smokers to make a plan to quit, youth in Bismarck use the day to educate their peers about the dangers of tobacco use in hopes to prevent their peers from starting.



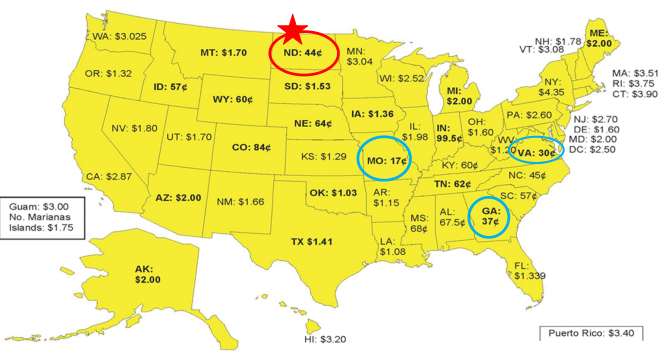
LOCCS Academy SADD Chapter

Activities done by students range from, photo booths, decorating t-shirts, creating large displays, and even peer to peer presentations. In North Dakota 11.7% of youth smoke commercial tobacco. According to Campaign for Tobacco Free Kids, 14,000 kids now under the age of 18 will ultimately die prematurely from smoking. This year the following schools participated in Great American Smokeout: Horizon Middle School, Simle Middle School, Legacy High School, Century High School, Light of Christ 7th and 8th Grade Academy, and St. Mary's High School.



Horizon Middle School

Map of State Cigarette Tax



New tobacco product has been seen in our North Dakota high schools called Juul. Learn more at <http://www.breathend.com/uploads/1197/JUULinfo.pdf>



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