## Comprehensive Tobacco-Free School Policy Requirements



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The health hazards of tobacco use have been well established. A comprehensive tobacco-free school policy reduces the high incidence of tobacco use in North Dakota, protects the health and safety of all students, employees and the general public, and sets a non-tobacco-use example by adults.

Tobacco use is the leading cause of preventable death and disability in North Dakota. To support and model a healthy lifestyle for our students, school boards can choose to support healthier lifestyles for our students by adopting a comprehensive tobacco-free school policy.

## **Required Items**

- 1. The policy includes a statement explaining the rationale for the policy and definitions of tobacco and tobacco use.
- 2. Tobacco is specifically named in the policy, not implied by an Alcohol or Drug Policy.
- 3. Students are prohibited from possessing and/or using tobacco products on school district property, in district vehicles, and at school-sponsored events (whether on or off district property).
- 4. School district employees are prohibited from using tobacco products on school district property, in district vehicles, and at school-sponsored events (whether on or off district property).
- 5. Visitors are prohibited from using tobacco products on school district property, in district vehicles, and at school-sponsored events (whether on or off district property).
- 6. Advertising and promotion of tobacco products (including signs, clothing, jewelry and accessories) is prohibited.
- 7. Acceptance of financial contributions and/or gifts (such as sponsorships, speakers, curriculum, book covers, etc.) from the tobacco industry is prohibited.
- 8. A plan to communicate the tobacco policy to all students, employees and visitors is outlined.
- 9. The policy includes a statement that the superintendent or designated person(s) shall develop regulations for enforcement and implementation.
- 10. The policy provides services to individuals requesting assistance with quitting.

## **Optional Items**

- 11. School district employees are expected to refrain from visibly displaying tobacco products on school district property, in district vehicles, and at school-sponsored events (whether on or off district property).
- 12. Visitors are expected to refrain from visibly displaying tobacco products on school district property, in district vehicles, and at school-sponsored events (whether on or off district property).
- 13. The policy is verbally communicated to students, staff, parents, and visitors, and reminders will be given at extracurricular and other appropriate events.