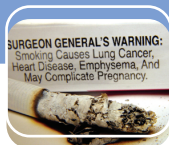




B I S M A R C K TOBACCOFREE C O A L I T I O N

Bismarck-Burleigh Public Health
PO Box 5503
500 E. Front Ave.
Bismarck, ND 58506-5503



Winter 2014

United Tribes Technical College Goes Tobacco Free January 1st 2014

United Tribes Technical College has become the first tribal college in North Dakota to adopt a "Tobacco Free" campus policy. College President David M. Gipp signed the policy November 21 on the anniversary of the 38th annual Great American Smoke Out.

"United Tribes is committed to the health and well-being of the children, students, faculty and staff of our campus, and to visitors who come here," said President Gipp. "Our goal is to help protect our campus community from the harmful effects of tobacco use while maintaining our respect for Native traditions."

The new policy takes effect January 1, 2014. It prohibits the use of tobacco on campus properties, in campus-owned vehicles, and at institution sponsored off-campus functions. It includes any product containing tobacco or manufactured from it, or containing nicotine. It also prohibits the use of e-cigarettes. For more information go to www.uttcc.edu.

Exempted is the traditional or sacred use of tobacco. United Tribes will continue to be a "tobacco honoring" campus for Native American spiritual and cultural ceremonies, when requests are made and approved in advance.

The policy was developed by the United Tribes Wellness Circle, in cooperation with Bismarck Burleigh Public Health, the North



College President David M. Gipp signing the policy with Pat Aune from the Wellness Circle

Dakota Center for Tobacco Prevention and Control and Policy, and was adopted by the college's administrative council. The Wellness Circle are great advocates for healthy campus and received the 2013 Tribune Award. With the implementation of this policy, UTTC now protects approximately 1,160 students, faculty, staff and families from exposure to tobacco. This is a great success in many ways.

UPCOMING EVENTS

Bismarck Tobacco Free Coalition Executive Board Meeting

Tuesday, January 14, 2014 at 6:30 p.m.

Statewide Training for Tobacco Coordinators

Bismarck, ND

January 22 – 23, 2014

Through with Chew

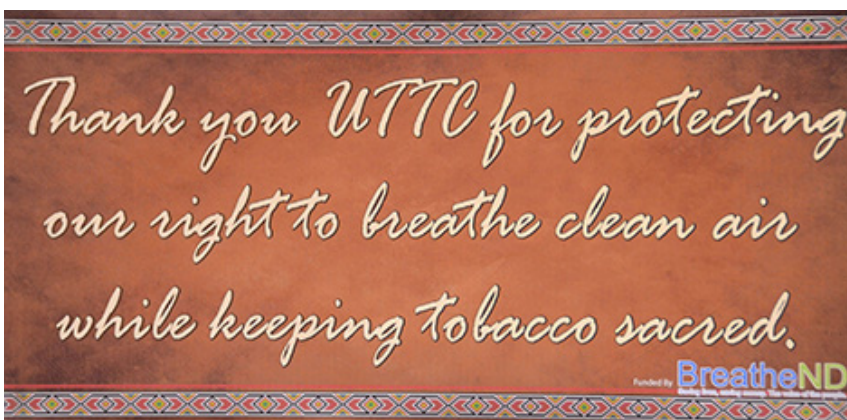
February 19 – 25, 2014

Great American Spit Out

February 23, 2014

"Our goal is to help protect our campus community from the harmful effects of tobacco use while maintaining our respect for Native traditions."

College President David M. Gipp





A case against e-cigarettes

by Mandy Jordan (Reprinted from the Bismarck Tribune)

Today we celebrate the Great American Smokeout. It is a national campaign that brings awareness to the dangers of tobacco and secondhand smoke, and encourages people who smoke to quit.

According to statistics from BreatheND, this year in North Dakota 19.4 percent of high school students will smoke and will purchase 1.9 million packs of cigarettes. In our community, 42,000 kids are exposed to secondhand smoke on a daily basis.

Last year, Century SADD testified in front of legislators regarding the new threat to our young people's health called e-cigarettes. These are electronic devices that deliver nicotine to the body through vapor. Not only can these be candy flavored, you can now buy cartoon wraps for them to make them visually pleasing. They are not regulated by the Food and Drug Administration and contain carcinogens and toxic chemicals such as diethylene glycol, which is found in antifreeze.

Although the carton says that you need to be 18 to purchase these, we have seen our peers who are under 18 using this product. They are now being sold at a kiosk in a local mall, which is cleverly located by stores where young people shop.

The tobacco industry is trying to say that this is a "harms reduction" product that is intended to help people quit smoking. It is even trying to get North Dakota taxpayers to pay for research that benefits the industry. (Keep in mind that tobacco companies own this product.) It is our strong belief that "harms reduction" is a lie and that e-cigs are a gateway drug that will ultimately create long-term addiction versus reduction. Please join us in our effort to put an end to not only tobacco use, but the new threat of e-cigarettes.

(Signed by Mandy Jordan and members of Century High School SADD. Laurie Foerderer is the advisor)

Economic Evaluation of Smoke Free Policies

A study on the economic impact of the Bismarck smoke free ordinances on the bar and restaurant industry was completed by Dr. Duane B. Pool, Economist and Ph.D. in Biometrics and Statistics. The study includes sales tax data from Bismarck and Mandan bars and restaurants from the first quarter of 2004 through the fourth quarter 2012.

The results follow the national trend of revenue after a smoke free law is passed – no significant impact on overall restaurant or bar revenue was found.

"Smoke free ordinances and laws save lives, and the study completed today, reveals further evidence that they don't hurt business," said Dr. Duane B. Pool, Researcher.

BreatheND

Saving lives, saving money. The voice of the people.

An initiated measure approved by North Dakota voters provides funding to Bismarck Burleigh Public Health to diminish the toll of tobacco in our state by addressing the number one preventable cause of death and disease: tobacco use.

Bismarck Burleigh Tobacco Prevention Staff

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Office Assistant



www.ndhealth.gov/ndquits

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