

Bismarck-Burleigh Public Health PO Box 5503 500 E. Front Ave. Bismarck ND 58506-5503

Fall 2014









United Tribes Technical College host their 1st Tobacco Free Powwow

We were privileged to have Jean Ann Moose, who attended the powwow in honor of her late husband, Nathan Moose. Nathan Moose shared his story about being exposed to secondhand smoke at work and developing an irreversible lung disease. His simple message was "When you smoke, it affects more than just your health." This message inspired the UTTC Wellness Circle to adopt a comprehensive tobacco free policy on November 21, 2013. Nathan Moose passed away in October 2013. Center for Disease Control will be showing his public service announcements on T.V. this fall. The United Tribes Technical College's comprehensive tobacco free policy is the first tribal college in North Dakota and the third in the United States.



United Tribes and partners promoted the benefits of keeping tobacco sacred during the 45th annual powwow in September. Spreading the word, from left: Jordyn Geisenhof and Sue Kahler of Bismarck Burleigh Public Health; Jan Keller, UTTC Extension Nutrition Coordinator; Jean Ann Moose, tobacco free advocate; and Jana Millner, UTTC Extension Nutrition Educator.

UPCOMING EVENTS

Great American Smoke OutNovember 20th, 2014



Clearing the Air: An Institute for Policy Advocacy IX

Tobacco Prevention and Control Program at Bismarck Burleigh Public Health was chosen to present on the smoke free multi-unit housing project and United Tribes Technical College Tobacco Free policy at the Clearing the Air Institute. This was a great opportunity for North Dakota to be recognized as a leader in comprehensive tobacco free policy and smoke free policy.

Sue Kahler was part of the panel for "Organizing Around Smokefree Multi-Unit Housing" and provided information about Smoke Free Housing Bismarck. You can learn more about the project at www. smokefreehousingND.com. Kahler presented about the process on how United Tribes Technical College adopted and implemented a comprehensive tobacco free policy at the "Health and Tradition, Tribal Tobacco Policy Successes" session.

Continued on next page









Clearing the Air story

Jordyn Geisenhof attended the conference with Sue Kahler and learned current science and economic data on secondhand smoke and e-cigarettes. It was beneficial to network with other public health professionals and advocate nationwide, who work tobacco prevention policy efforts.

Bismarck Youth Tobacco Prevention Summit

Wednesday October 8th, 43 Bismarck area youth and advisors gathered together for the 8th Bismarck Tobacco Prevention Youth Summit. The day turned out to be a great success with a lineup of engaging presenters. We kicked off with opening speaker, Hannah Rexine, a junior at Century High School, who is involved with Students Against Destructive Decisions (SADD) and is a member of



the North Dakota Center for Tobacco Prevention and Control Policy Advisory Committee. Rexine stated, "Not only do we need to talk to our peers, we also need to discuss youth E- Cigarette use with our community and legislature. If we work together as passionate youth of North Dakota, I believe we can accomplish anything." Keynote speaker Ritney Castine, the Director of Youth Activism for the American Legacy Foundation, educated the youth on how to be successful advocates and the latest educational activities on e-cigarettes. Kristie Wolff from American Lung Association and Erin Hill-Oban from Tobacco Free North Dakota presented, on behalf of Raise It for Health, the importance of raising the price of tobacco products. The goal of the summit was to give kids the tools they need, to educate their peers for the following events: Great American Smokeout (November 20, 2014), Through With Chew Week (February 16-20, 2015), Great American Spit Out (February 20, 2015), and Kick Butts Day (March 18, 2015). This year's summit was organized by Jordyn Geisenhof, Tobacco Prevention Specialist, Bismarck-Burleigh Public Health and funded by BreatheND.

BreatheND

Saving lives, saving money. The voice of the people.

An initiated measure approved by North Dakota voters provides funding to Bismarck Burleigh Public Health to diminish the toll of tobacco in our state by addressing the number one preventable cause of death and disease: tobacco use.

Bismarck Burleigh Tobacco Prevention Staff

Sue Kahler

Tobacco Prevention and Control Coordinator

Diane Weixel

Office Assistant

Jordyn Geisenhof

Tobacco Prevention Specialist



Diane, Jordyn, Sue



