



**Public Health**  
Prevent. Promote. Protect.

Bismarck-Burleigh Public Health

# Bismarck Burleigh Public Health Tobacco Prevention Program

A timeline of success based off of CDC Best Practices.

## 2012-2014



**Bismarck updated ordinances to include e-cigarettes:**

- Smoke-Free CH.5-12 & CH.5-11
- Tobacco & Youth CH.6 to include e-cigarettes.

North Dakota Comprehensive Statewide Smoke-Free Law Adopted 12.6.2012



University Mary (2011) & UTTC (2013) pass Tobacco-Free Campus Policies



Smoke-Free Multi Unit Housing Project established in 2014

## 2015-2017



**Bismarck updated & adopted ordinances:**

- Tobacco CH.5-11, Tobacco & Youth CH.6
- Ordinance to prevent mobile tobacco vendors (CH.5-11)

ND Legislature passes E-Cigarette Youth Protection Law Adopted 8.1.2015



BSC updates Tobacco-Free Campus Policy, first adopted in 2006.



BisMarket & Buckstop Junction adopted Tobacco-Free Outdoor Area Policies

## 2018-2020



**Bismarck AND Lincoln updated city ordinances:**

- Increasing the age to purchase tobacco from 18 to 21



100+ Live & prerecorded virtual presentations conducted, educating about the dangers of vaping, tobacco policy, and youth advocacy during the COVID-19 pandemic.



Approximately 514 Bismarck/Burleigh county residents enrolled in NDQuits & MyLifeMyQuit.



15/15 K-12 Bismarck & Burleigh County Local Education Agencies (LEA's) adopted comprehensive Tobacco-Free School Policies.

## 2021-TODAY

ND Legislature raises the age to purchase tobacco from 18 to 21 Adopted 4.1.2021



Bismarck Break Free Youth Board presented to about 467 elementary and middle schools educating about the dangers of vaping.



3.30.2022 BBPH plans & implements 3rd annual statewide Break Free Youth Action Summit for Tobacco Prevention.



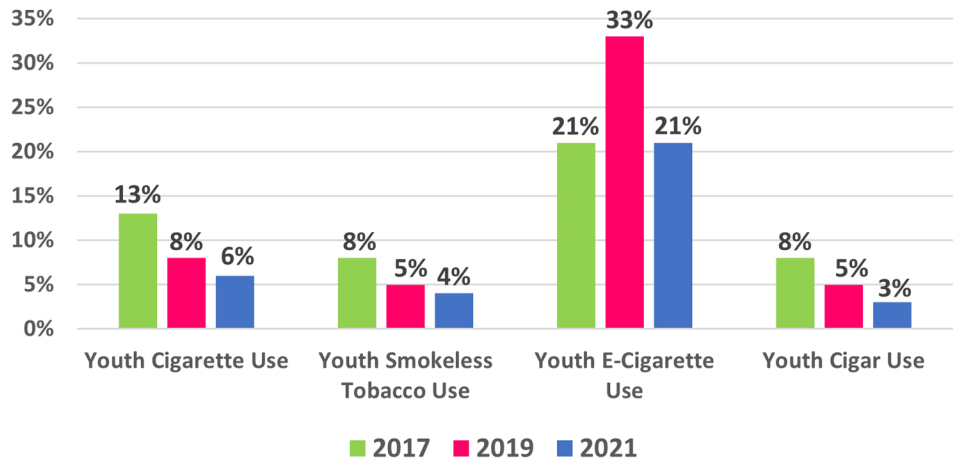
BSC, UTTC, & U Mary Health Pro students participated in the annual Big Tobacco Exposed College Graphic Design contest. 27 ad designs were submitted in 2022.

# North Dakota celebrates

# 10

# years as a smoke-free state!

## 2017-2021 Youth Risk Behavior Survey Tobacco Use by ND High School Students



## Products on the market despite FDA regulations:



Source: Google Images

## Synthetic Nicotine

### What is it?

Tobacco that is developed in a lab NOT derived from the tobacco leaf.

### How can you tell the difference between synthetic nicotine & tobacco derived nicotine?

To date, there is no way to tell if a company is using synthetic nicotine or tobacco derived nicotine in their product.

### How is it regulated?

As of April 14, 2022 the FDA began regulating synthetic tobacco products. Manufacturers who use synthetic nicotine needed to submit a premarket tobacco product application to the FDA and obtain authorization from the FDA to market their product.

### How are these products labeled?

Companies who claim to be using synthetic nicotine tend to use different language on the warning labels of their products.

Source: Public Health Law Center, PuffBar.com, frepouch.com, FDA Center for Tobacco Products and Google Images



## Tobacco Products that mimic youth items:



## How nicotine can affect mental health:

- Worsens symptoms of anxiety
- Intensify feelings of depression
- Increase symptoms of ADHD

Source: Truth Initiative

## What can ND do to protect youth?



Maintain the ND Smoke-Free Law



Restrict the sale of flavored tobacco products.



Increase the price on ALL tobacco products including e-cigarettes vapes, and e-liquids.



Fund Tobacco Prevention programs at CDC recommended levels.